




The Gingerbread House Childcare Center Menu

November 2023

		Hummus with WW Pita Cucumbers Clementines Milk <u>PM Snack</u> Pretzels Milk	Cheeseburger Peas Banana Milk <u>PM Snack</u> Goldfish Milk	Pizza Salad Apple Milk <u>PM Snack</u> Trail Mix Milk
WW Ham & Cheese Sub Carrots Blueberries Milk <u>PM Snack</u> Rice Cakes Milk	Daycare Closed Election Day 	Cottage Cheese Ritz Green Beans Clementine's Milk <u>PM Snack</u> Cheez Its Milk	Chicken Nuggets WW Bread Slice Corn Banana Milk <u>PM Snack</u> Ritz Crackers Milk	Pizza Salad Apple Milk <u>PM Snack</u> WG Animal Crackers Milk
WW Turkey & Cheese Sandwich Peas Blueberries Milk <u>PM Snack</u> Oyster Crackers Milk	Grilled Cheese WW Pita with Tomato Soup Carrots Banana Milk <u>PM Snack</u> Graham Cracker Milk	Chicken Riggies Broccoli Clementine's Milk <u>PM Snack</u> Pretzels Milk	WW Soft Tacos Lettuce/Cheese Corn Banana Milk <u>PM Snack</u> Goldfish Milk	Pizza Green Beans Apple Milk <u>PM Snack</u> Trail Mix Milk
Turkey & Gravy Mashed Potatoes Dinner Roll Corn Blueberries Milk <u>PM Snack</u> Rice Cakes Milk	Spanish Rice Peas Banana Milk <u>PM Snack</u> WG Wheat Thins Milk	WW Bologna Sandwich Carrots Clementine's Milk <u>PM Snack</u> Cheez Its Milk	Daycare Closed 	Daycare Closed 
WW Sun Butter & Jelly Sandwich Cheese Stick Green Beans Blueberries Milk <u>PM Snack</u> Oyster Crackers Milk	Mashed Potato Bowl (Chicken bites, Corn Cheese and Gravy) Banana Milk <u>PM Snack</u> Graham Cracker Milk	Lazy Lasagna with Meat Sauce Peas Clementine's Milk <u>PM Snack</u> Pretzels Milk	French Toast Sticks Yogurt Hash Browns Banana Milk <u>PM Snack</u> Ritz Crackers Milk	
<u>Monday Breakfast</u> Rice Crisp/WG Oat Crisps Applesauce Milk	<u>Tuesday Breakfast</u> WG Graham Squares Fruit Cocktail or Tropical Fruit Salad Milk	<u>Wednesday Breakfast</u> Corn/Rice Squares Mandarin Oranges Milk	<u>Thursday Breakfast</u> Bagel or Muffin Pears Milk	<u>Friday Breakfast</u> WG Toasted Oats Peaches or Pineapples Milk

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

Infants and Toddlers: Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

The Gingerbread House Childcare Center **6-12 month** Menu

November 2023

Week of 11/1-11/3	AM Breakfast	Lunch	PM Snack
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Hummus Green Beans Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/6-11/10	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Daycare Closed	Daycare Closed	Daycare Closed
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/13-11/17	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Peas Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Cottage Cheese Carrots Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Broccoli Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Taco Meat Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/20-11/24	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Turkey Mashed Potatoes Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Ground Beef Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Carrots Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Daycare Closed	Daycare Closed	Daycare Closed
Friday	Daycare Closed	Daycare Closed	Daycare Closed

Week of 11/27-11/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Chicken Mashed Potatoes Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Peas Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Hash Browns Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Depending on an infant's growth, development and eating habits:
Solid foods are gradually introduced around 6 months of age.
All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron
Parent's Choice Infant Formula with Iron
Wegman's Premium Infant Formula with Iron
Menu is subject to Change