

# The Gingerbread House Childcare Center Menu

November 2023

		<p><b>Hummus with WW Pita</b> Cucumbers Clementines Milk</p> <p><b>PM Snack</b> Pretzels Milk</p>	<p><b>Cheeseburger</b> Peas Banana Milk</p> <p><b>PM Snack</b> Goldfish Milk</p>	<p><b>Pizza</b> Salad Apple Milk</p> <p><b>PM Snack</b> Trail Mix Milk</p>
<p><b>WW Ham &amp; Cheese Sub</b> Carrots Blueberries Milk</p> <p><b>PM Snack</b> Rice Cakes Milk</p>	<p>Daycare Closed Election Day</p> 	<p><b>Cottage Cheese</b> Ritz Green Beans Clementine's Milk</p> <p><b>PM Snack</b> Cheez Its Milk</p>	<p><b>Chicken Nuggets</b> WW Bread Slice Corn Banana Milk</p> <p><b>PM Snack</b> Ritz Crackers Milk</p>	<p><b>Pizza</b> Salad Apple Milk</p> <p><b>PM Snack</b> WG Animal Crackers Milk</p>
<p><b>WW Turkey &amp; Cheese Sandwich</b> Peas Blueberries Milk</p> <p><b>PM Snack</b> Oyster Crackers Milk</p>	<p><b>Grilled Cheese WW Pita with Tomato Soup</b> Carrots Banana Milk</p> <p><b>PM Snack</b> Graham Cracker Milk</p>	<p><b>Chicken Riggies</b> Broccoli Clementine's Milk</p> <p><b>PM Snack</b> Pretzels Milk</p>	<p><b>WW Soft Tacos</b> Lettuce/Cheese Corn Banana Milk</p> <p><b>PM Snack</b> Goldfish Milk</p>	<p><b>Pizza</b> Green Beans Apple Milk</p> <p><b>PM Snack</b> Trail Mix Milk</p>
<p><b>Turkey &amp; Gravy</b> Mashed Potatoes Dinner Roll Corn Blueberries Milk</p> <p><b>PM Snack</b> Rice Cakes Milk</p>	<p><b>Spanish Rice</b> Peas Banana Milk</p> <p><b>PM Snack</b> WG Wheat Thins Milk</p>	<p><b>WW Bologna Sandwich</b> Carrots Clementine's Milk</p> <p><b>PM Snack</b> Cheez Its Milk</p>	<p>Daycare Closed</p> 	<p>Daycare Closed</p> 
<p><b>WW Sun Butter &amp; Jelly Sandwich</b> Cheese Stick Green Beans Blueberries Milk</p> <p><b>PM Snack</b> Oyster Crackers Milk</p>	<p><b>Mashed Potato Bowl (Chicken bites, Corn Cheese and Gravy)</b> Banana Milk</p> <p><b>PM Snack</b> Graham Cracker Milk</p>	<p><b>Lazy Lasagna with Meat Sauce</b> Peas Clementine's Milk</p> <p><b>PM Snack</b> Pretzels Milk</p>	<p><b>French Toast Sticks</b> Yogurt Hash Browns Banana Milk</p> <p><b>PM Snack</b> Ritz Crackers Milk</p>	
<p><b>Monday Breakfast</b> Rice Crisp/WG Oat Crisps Applesauce Milk</p>	<p><b>Tuesday Breakfast</b> WG Graham Squares Fruit Cocktail or Tropical Fruit Salad Milk</p>	<p><b>Wednesday Breakfast</b> Corn/Rice Squares Mandarin Oranges Milk</p>	<p><b>Thursday Breakfast</b> Bagel or Muffin Pears Milk</p>	<p><b>Friday Breakfast</b> WG Toasted Oats Peaches or Pineapples Milk</p>

Milk will be served during lunch with children up to 24 months receiving whole milk and all other children will receive 1%.

**Infants and Toddlers:** Raw vegetables will be substituted with a cooked vegetable. **Menu is subject to Change**

# The Gingerbread House Childcare Center **6-12 month** Menu

## November 2023

Week of 11/1-11/3	AM Breakfast	Lunch	PM Snack
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Hummus Green Beans Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Wax Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/6-11/10	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Ham Carrots Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	<b>Daycare Closed</b>	<b>Daycare Closed</b>	<b>Daycare Closed</b>
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Chicken Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Carrots Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/13-11/17	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Diced Turkey Peas Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Cottage Cheese Carrots Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Chicken Broccoli Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Taco Meat Peas Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce
Friday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Peaches or Pineapples	Breast Milk or iron-fortified formula Mozzarella Cheese Green Beans Applesauce	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit

Week of 11/20-11/24	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Turkey Mashed Potatoes Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Ground Beef Peas Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Cottage Cheese Carrots Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	<b>Daycare Closed</b>	<b>Daycare Closed</b>	<b>Daycare Closed</b>
Friday	<b>Daycare Closed</b>	<b>Daycare Closed</b>	<b>Daycare Closed</b>

Week of 11/27-11/30	AM Breakfast	Lunch	PM Snack
Monday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Applesauce	Breast Milk or iron-fortified formula Cottage Cheese Green Beans Blueberries	Breast Milk or iron-fortified formula Toasted Oats Mixed Fruit
Tuesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Fruit Cocktail or Tropical Fruit Salad	Breast Milk or iron-fortified formula Chicken Mashed Potatoes Banana	Breast Milk or iron-fortified formula Saltine Crackers Applesauce
Wednesday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Mandarin Oranges	Breast Milk or iron-fortified formula Ground Beef Peas Clementine's	Breast Milk or iron-fortified formula Pita Bread Peaches
Thursday	Breast Milk or iron-fortified formula Iron-fortified infant cereal Pears	Breast Milk or iron-fortified formula Yogurt Hash Browns Banana	Breast Milk or iron-fortified formula Ritz Crackers Applesauce

Depending on an infant's growth, development and eating habits:

Solid foods are gradually introduced around 6 months of age.

All solid foods must be pureed, mashed or chopped to appropriate consistency.

House Formula Provided: Tippy Toes by Topcare Premium Infant Formula with Iron

Parent's Choice Infant Formula with Iron

Wegman's Premium Infant Formula with Iron

**Menu is subject to Change**